

Trouble on the Walk

By [Shane Michael Tyler](#) in [Confused Dogs Dot Com](#)

So many people struggle to no ends when they are taking their dogs out on a walk, which society dictates we should do every day, and they have no idea why the dog behaves the way it does. So I want you to visualize a scenario and hopefully by the end you'll understand where the dog is coming from. Imagine that you are on vacation with your best friend and you decide to go to a large city: London, Paris, New York City, any large city will work. While you're away with your friend you're able to see the sights whether it's going to Trafalgar Square, St. Paul's Cathedral, Big Ben etc.... Maybe you went to Paris so you're off to see the Eiffel Tower, Notre Dame, the Louvre; or you went to New York City and are about to go to the Statue of Liberty, Time Square, and Broadway. You and your friend can see all the sights and thoroughly have a fun time without any worries.

One thing I forgot to mention though, you have to take a three year old child with you and look after it. Completely changes the whole vacation, in fact to people I've described this to has said that it's not a vacation when you bring the kids with you it's just a lot of work. Your whole focus has now changed from enjoying yourself to focusing on two things: keeping track of what the child is doing at all times and keeping track of what everyone else around you is doing so you can make sure to protect the child from danger. It's quite a bit more stressful and people often come back from vacation saying how they now need a vacation from their vacation.

To a dog that has the job of being the leader, an average day out on the walk feels exactly the same, they've got to keep track of everyone and everything while out so that they can be sure to protect the pack that they're responsible for.....you. This is why any Confused Dog Canine Consultant will always advise that the dog is kept at home and not taken out until you have given them good enough reasons to trust in you to take charge and protect the pack. Only then will they truly look to you to make the decisions and willingly stay with you because rather than feeling the need to protect you they will then feel safe with you. So if this is a constant struggle for you, check to see who is your closest Canine Consultant and give them a ring.

Exercise is however still important for your dog but whilst working on gaining trust this must be done in a secure location where you and your dog can relax and exercise safely. Play is a fantastic form of exercise and will help you bond with your dog in a positive way, chasing balls and sticks is a wonderful way of working off some tension and with heart rates up in a good way will burn those calories. Also exercise means practicing your 'heel' work, on and off lead. Games which also stimulate the mind are great. Your Advisor will help you with tips and suggestions on how to exercise your dog and games to play which will be fun and educational not just for your dog... but for you too!



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